

Callum Russell and Ailsa Marshall Lagos for Welfare Officers

Who are we?

- We are Callum (bio natsci 1st year) and Ailsa (English 1st year) and would love to be your new welfare officers. We have experience working in welfare-settings (including leading policy implementation and event coordination at Sixth Forms). Ailsa has led theatre groups targeting young people with adjusted learning needs and Callum has run outreach climbing groups aimed at increasing the confidence of children with learning difficulties. We are committed to creating a positive, open environment!



Reframing Stress

- Downing's welfare system is functional for those getting along and those actively receiving help but we believe the pathway to support should be more structured, taking a proactive approach.
- We would improve Downing welfare's visibility, through bringing socials on par with other colleges, holding subject-specific drop in sessions and improved dialogue with DOSs and tutors.

Fresher Experience

- We want to make freshers aware from week one that, although stress is normal, it shouldn't be debilitating.
- We would centre continuous welfare integration at Downing over focusing primarily on freshers-week events.
- We would help further understanding of when and how to use Downing's welfare systems and communication between years to improve the support for the whole community.

Continuing welfare events

- We would aim to develop the great work done by the current committee. We want to have frequent and longer welfare events throughout the term, working with the other societies in the college and JCR committees to provide a range of activities that will support everyone.

Nominated by Sapphy Welch-Dunn
Seconded by Zaria Jankelovitz-Gelvan

